

LAC 1e ronde
Zaandam, 16-10-2011

Programmanr. 1 16-10-2011	Meisjes, 200m wisselslag	Minioren 5 en Junioren 1 Resultaten
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Rang					In.tijd		Tijd
1.	Lianne Bouwmeester	Oceanus	2:53.31	200000956	2:52.95		
	50m: 38.11 200m: 2:52.95						
2.	Hannah Bervoets	Zaanstad (SG)	3:03.02	200000726	3:02.64		
	50m: 41.69 200m: 3:02.64						
3.	Rowie Kamp	De Reuring	3:08.33	200001706	3:05.07		
	50m: 41.04 200m: 3:05.07						
4.	Saskia van der Velden	DAW	3:15.22	200001478	3:12.00		
	50m: 41.56 200m: 3:12.00						
5.	Simone Anvelink	MSV- Zeemacht	3:21.57	200001546	3:13.05		
	50m: 47.55 200m: 3:13.05						
6.	Kaylin Stel	De Dolfijn	3:10.07	200100290	3:14.07		
	50m: 45.76 200m: 3:14.07						
7.	Shira de Haan	OEZA	3:26.16	200001130	3:19.76		
	50m: 46.51 200m: 3:19.76						
8.	Isaa Ebbinge	Oceanus	3:24.45	200001314	3:23.04		
	50m: 49.22 200m: 3:23.04						
9.	Viveka Verhage	DAW	3:35.06	200001480	3:24.07		
	50m: 47.93 200m: 3:24.07						
10.	Ilja Wijnker	MSV- Zeemacht	NT	200003900	3:33.76		
	50m: 50.12 200m: 3:33.76						
11.	Naomi Buur	OEZA	3:41.83	200101520	3:35.30		
	50m: 53.57 200m: 3:35.30						
12.	Femke Ritman	Kzc	3:41.83	200100286	3:38.84		
	50m: 54.45 200m: 3:38.84						
13.	Nora Errachidi	De Dolfijn	NT	200004938	3:56.47		
	50m: 56.97 200m: 3:56.47						
14.	Nouna Chelbi	De Dolfijn	NT	200004940	4:02.75		
	50m: 1:03.09 200m: 4:02.75						
DIS	Jose Bijl	Het Y	3:32.45	200100948	3:35.28VB		
	VB - Beide armen niet tezamen naar voren en/of gelijktijdig achterwaarts gebracht.						
	50m: 49.80 200m: 3:35.28						

Programmanr. 2 16-10-2011	Jongens, 200m wisselslag	Minioren 5 en 6 Resultaten
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Rang					In.tijd		Tijd
1.	Dennis Weening	Oceanus	2:43.54	200000815	2:42.80		
	50m: 36.11 200m: 2:42.80						
2.	Martin Ruiters	De Houtrib	2:49.76	200001309	2:48.32		
	50m: 37.90 200m: 2:48.32						
3.	Nick van der Woude	ZV Haerlem	3:00.31	200001391	2:56.94		
	50m: 41.24 200m: 2:56.94						
4.	Friso Datema	DAW	3:03.44	200003027	3:08.32		
	50m: 47.10 200m: 3:08.32						
5.	Sebastian van der Born	Oceanus	3:30.42	200000805	3:31.68		
	50m: 49.37 200m: 3:31.68						

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Programmanr. 2, Jongens, 200m wisselslag, Minioren 5 en 6

Rang					In.tijd	Tijd	
6.	Ivar Oldenhof			De Dolfijn	3:28.94	200000081	3:34.81
	50m:	53.25	200m:	3:34.81			
7.	Tobias van den Nieuwendijk			Zv Aquarius	NT	200100747	3:39.41
	50m:	53.31	200m:	3:39.41			
8.	Jarno Groen			OEZA	NT	200102263	3:40.90
	50m:	53.60	200m:	3:40.90			
9.	Niels Martens			Kzc	3:39.83	200100111	3:41.04
	50m:	55.21	200m:	3:41.04			
10.	Yassine Belhadaoui			Zaanstad (SG)	3:57.34	200003531	3:42.39
	50m:	53.12	200m:	3:42.39			
11.	Anvar Veldt			De Dolfijn	3:46.97	200100281	4:02.52
	50m:	1:07.16	200m:	4:02.52			
12.	Stefan Woudsma			OEZA	NT	200003437	4:02.88
	50m:	1:08.41	200m:	4:02.88			
DIS	Ivar Kramer			Zaanstad (SG)	NT	200101647	4:18.87VC
	VC - Armen niet over het water naar voren gebracht.						
	50m:	1:06.92	200m:	4:18.87			

Programmanr. 3
16-10-2011

Dames, 200m wisselslag

Juniores 2 en ouder
Resultaten

Rang					In.tijd	Tijd	
1.	Mirl de Boer			DAW	2:48.46	199700468	2:29.59
	50m:	33.09	200m:	2:29.59			
2.	Alice Bravo			Het Y	2:31.75	198705346	2:31.88
	50m:	32.27	200m:	2:31.88			
3.	Chantal Grove			Oceanus	2:36.51	199401844	2:35.87
	50m:	33.15	200m:	2:35.87			
4.	Tamara Grove			Oceanus	2:34.03	199601266	2:36.43
	50m:	33.51	200m:	2:36.43			
5.	Serena Stel			De Dolfijn	2:33.05	199801528	2:36.81
	50m:	35.16	200m:	2:36.81			
6.	Yvanna Zuurveld			DAW	2:41.86	199702998	2:38.11
	50m:	35.23	200m:	2:38.11			
7.	Noa Oldenhof			De Dolfijn	2:38.79	199700622	2:39.10
	50m:	34.04	200m:	2:39.10			
8.	Rafaëlla van Nee			De Dolfijn	2:49.78	199900358	2:40.26
	50m:	36.54	200m:	2:40.26			
9.	Lisanne van Zijl			Zaanstad (SG)	2:44.03	199505454	2:43.17
	50m:	35.46	200m:	2:43.17			
10.	Eva van der Born			Oceanus	2:46.00	199702380	2:43.74
	50m:	36.24	200m:	2:43.74			
11.	Maxine Alfonsi			DAW	2:38.03	199502900	2:45.83
	50m:	34.71	200m:	2:45.83			
12.	Tess de Boer			DAW	2:43.62	199601516	2:47.14
	50m:	35.43	200m:	2:47.14			
13.	Sandra Zwaanswijk			DAW	2:47.54	198503934	2:47.20
	50m:	34.53	200m:	2:47.20			

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Programmanr. 3, Dames, 200m wisselslag, Junioren 2 en ouder

Rang					In.tijd	Tijd
14.	Tamara Uijtewaal		Zaanstad (SG)	2:52.30	199404852	2:47.97
	50m: 34.68	200m: 2:47.97				
15.	Silke Jonk		DAW	2:48.80	199802042	2:48.61
	50m: 36.79	200m: 2:48.61				
16.	Mariska van Engeldorp		Zv Aquarius	2:33.49	199502326	2:48.90
	50m: 34.18	200m: 2:48.90				
17.	Rebecca Martens		DAW	2:50.67	199604352	2:49.06
	50m: 35.53	200m: 2:49.06				
18.	Kelsey Okkers		Zaanstad (SG)	2:48.24	199801062	2:50.13
	50m: 37.32	200m: 2:50.13				
19.	Melina Knol		Zaanstad (SG)	2:47.05	199802232	2:50.50
	50m: 36.07	200m: 2:50.50				
20.	Lisa Brantjes		Kzc	2:48.41	199800950	2:50.54
	50m: 38.74	200m: 2:50.54				
21.	Elise Dekker		De Dolfijn	2:47.80	199700976	2:52.43
	50m: 37.40	200m: 2:52.43				
22.	Luca Ebbinge		Oceanus	2:53.00	199802406	2:52.66
	50m: 37.36	200m: 2:52.66				
23.	Chantal Beijer		ZV Haerlem	2:53.11	199700884	2:52.96
	50m: 37.08	200m: 2:52.96				
24.	Fabiënne Vork		Oceanus	2:57.96	199902494	2:54.43
	50m: 38.58	200m: 2:54.43				
25.	Dieuwertje Jorink		DAW	2:42.17	199302306	2:54.48
	50m: 37.77	200m: 2:54.48				
26.	Anouk van Noord		Oceanus	2:56.94	199901294	2:54.65
	50m: 37.20	200m: 2:54.65				
27.	Linda Böhm		ZV Haerlem	3:02.62	199703164	2:55.60
	50m: 38.31	200m: 2:55.60				
28.	Kyra Wijnker		MSV- Zeemacht	3:01.88	199803342	2:58.13
	50m: 40.69	200m: 2:58.13				
29.	Denise Boonstra		DAW	2:59.74	199902662	3:00.10
	50m: 39.48	200m: 3:00.10				
30.	Aïcha Croes		De Dolfijn	2:59.79	199803338	3:00.44
	50m: 40.59	200m: 3:00.44				
31.	Kimberley Kort		DAW	3:06.82	199804698	3:00.64
	50m: 39.04	200m: 3:00.64				
32.	Naomi te Lindert		DAW	3:16.43	199904782	3:00.89
	50m: 41.68	200m: 3:00.89				
33.	Leonie Vos		DAW	3:01.02	199901662	3:00.98
	50m: 40.90	200m: 3:00.98				
34.	Lisa Martelhoff		Het Y	3:00.04	199504258	3:01.43
	50m: 39.64	200m: 3:01.43				
35.	Carmen Roskam		Oceanus	2:54.37	199603562	3:01.76
	50m: 38.05	200m: 3:01.76				
36.	Isabel van den Nieuwendijk		Zv Aquarius	2:59.38	199803222	3:02.12
	50m: 40.02	200m: 3:02.12				
37.	Cheryl Zethof		Oceanus	3:00.35	199801314	3:02.82
	50m: 42.34	200m: 3:02.82				

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Programmanr. 3, Dames, 200m wisselslag, Junioren 2 en ouder

Rang					In.tijd		Tijd
38.	Marieke de Rooij	W.Z. & P.C. Triton	2:51.69	199501674	3:02.84		
	50m: 36.75 200m: 3:02.84						
39.	Beau van der Jagt	Oceanus	3:04.80	199702696	3:03.39		
	50m: 40.26 200m: 3:03.39						
40.	Esther Beerling	W.Z. & P.C. Triton	3:06.56	198400120	3:05.98		
	50m: 39.18 200m: 3:05.98						
41.	Desiree Veenstra	MSV- Zeemacht	3:20.92	199704886	3:08.89		
	50m: 43.86 200m: 3:08.89						
42.	Tess Pagano Mirani	Oceanus	3:01.88	199902102	3:10.20		
	50m: 44.96 200m: 3:10.20						
43.	Myrthe van Beek	DAW	3:24.20	199901074	3:11.60		
	50m: 40.18 200m: 3:11.60						
44.	Susan Beemsterboer	De Reuring	3:18.21	199904158	3:16.11		
	50m: 41.08 200m: 3:16.11						
45.	Aurian Veldt	De Dolfijn	3:13.80	199901758	3:16.84		
	50m: 51.43 200m: 3:16.84						
46.	Nienke van der Zee	W.Z. & P.C. Triton	3:11.84	199802808	3:19.18		
	50m: 42.25 200m: 3:19.18						
47.	Nikki Zandbergen	MSV- Zeemacht	3:40.68	199802776	3:35.24		
	50m: 48.15 200m: 3:35.24						
DIS	Simone Huisman	Oceanus	3:04.66	199802402		AF	
	<i>AF - De aangegeven afstand niet uitgezwommen (geen tijden noteren).</i>						
DIS	Bibi Stokvis	DAW	2:58.17	199900892	2:52.94	SD	
	<i>SD - De bewegingen van de benen niet te allen tijde gelijktijdig in hetzelfde horizontale vlak uitgevoerd.</i>						
	50m: 39.37 200m: 2:52.94						
DIS	Marit Plat	Oceanus	NT	199407396	3:07.21	RF	
	<i>RF - Na loslaten van het keerpunt de rugligging niet aangenomen.</i>						
	50m: 43.09 200m: 3:07.21						
AFGEM	Femke Stevens	Zaanstad (SG)	3:01.08	199901546			
NG	Lotte Hoogeterp	DAW	3:00.90	199703878			

Programmanr. 4
16-10-2011

Heren, 200m wisselslag

Junioren 1 en ouder
Resultaten

Rang					In.tijd		Tijd
1.	Thom de Boer	DAW	2:15.47	199100181	2:13.08		
	50m: 26.95 200m: 2:13.08						
2.	Jan-Willem v.d. Graaff	Het Y	2:21.98	198901023	2:19.25		
	50m: 30.80 200m: 2:19.25						
3.	Tim Bunnik	W.Z. & P.C. Triton	2:21.36	199000505	2:20.49		
	50m: 29.87 200m: 2:20.49						
4.	Lars Haarsma	De Dolfijn	2:18.58	199600745	2:21.62		
	50m: 30.07 200m: 2:21.62						
5.	Daan Glorie	Het Y	2:26.23	198801115	2:22.58		
	50m: 30.03 200m: 2:22.58						
6.	Wessel de Jong	Oceanus	2:25.09	199601447	2:23.57		
	50m: 30.40 200m: 2:23.57						
7.	Michael van Dam	Hpc	NT	9401501	2:23.90		
	50m: 30.01 200m: 2:23.90						

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Programmanr. 4, Heren, 200m wisselslag, Junioren 1 en ouder

Rang						In.tijd		Tijd
8.	Frans Bijl				Het Y	2:24.90	199401319	2:25.52
	50m:	31.64	200m:	2:25.52				
9.	Jory van der Gracht				OEZA	2:24.23	198701097	2:26.41
	50m:	29.83	200m:	2:26.41				
10.	Thomas Verouden				Oceanus	2:28.78	199602855	2:26.86
	50m:	32.10	200m:	2:26.86				
11.	Lars van der Velden				DAW	2:33.61	199800175	2:27.65
	50m:	31.12	200m:	2:27.65				
12.	Sander van Elburg				Het Y	2:27.42	198800937	2:29.44
	50m:	31.21	200m:	2:29.44				
13.	Martijn de Mercado				Oceanus	2:37.62	199502213	2:30.07
	50m:	31.50	200m:	2:30.07				
14.	Kevin Schaaf				ZV Haerlem	2:31.67	199602603	2:31.84
	50m:	33.05	200m:	2:31.84				
15.	Arjan Bellaart				Oceanus	2:30.57	196900079	2:32.25
	50m:	31.36	200m:	2:32.25				
16.	Gerben Rozie				MSV- Zeemacht	2:32.20	199002507	2:35.15
	50m:	33.47	200m:	2:35.15				
17.	Martijn van der Zwaard				Oceanus	2:45.10	199602343	2:37.67
	50m:	33.72	200m:	2:37.67				
18.	Bart Sommeling				Oceanus	2:36.98	199800765	2:37.68
	50m:	34.61	200m:	2:37.68				
19.	Sander Kirillova				De Dolfijn	2:42.41	199800121	2:39.29
	50m:	35.52	200m:	2:39.29				
20.	Rick de Mercado				Oceanus	2:38.10	199700673	2:39.41
	50m:	32.64	200m:	2:39.41				
21.	Menno Koolhaas				Oceanus	2:52.24	199505863	2:40.87
	50m:	33.63	200m:	2:40.87				
22.	Dani Hoetmer				DAW	2:39.59	199604503	2:41.05
	50m:	35.49	200m:	2:41.05				
23.	Robin Stammes				De Reuring	2:44.62	199202809	2:41.46
	50m:	36.18	200m:	2:41.46				
24.	Wesley Bos				Hpc	2:44.02	9901241	2:42.92
	50m:	35.23	200m:	2:42.92				
25.	Jasper Falk				DAW	2:45.11	199502785	2:45.75
	50m:	36.17	200m:	2:45.75				
26.	Bonk Stout				De Dolfijn	2:55.63	199902181	2:49.13
	50m:	38.32	200m:	2:49.13				
27.	Jordi de Nijs				MSV- Zeemacht	2:52.63	199801851	2:49.68
	50m:	34.43	200m:	2:49.68				
28.	Simon Koopen				WZ&PC Purmerend	2:59.36	199802127	2:50.07
	50m:	35.43	200m:	2:50.07				
29.	Gerard Hoedjes				DAW	NT	198701363	2:51.57
	50m:	31.65	200m:	2:51.57				
30.	Martijn Falk				DAW	2:59.20	199601457	2:51.71
	50m:	42.49	200m:	2:51.71				
31.	Casper Gras				Zaanstad (SG)	2:46.42	199200403	2:51.88
	50m:	36.31	200m:	2:51.88				

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Programmanr. 4, Heren, 200m wisselslag, Junioren 1 en ouder

Rang						In.tijd		Tijd
32.	Matthijs Helling		Oceanus	2:57.40	199601043	2:52.36		
	50m: 35.62	200m: 2:52.36						
33.	Daan Sommeling		Oceanus	2:55.48	199900767	2:52.90		
	50m: 37.73	200m: 2:52.90						
34.	Mike Morianner		Kzc	2:54.38	199902137	2:53.80		
	50m: 37.87	200m: 2:53.80						
35.	Bjarne Bruijns		Kzc	2:54.35	199704617	2:55.03		
	50m: 42.51	200m: 2:55.03						
36.	Sam Haring		Zwemvereniging Hoorn	2:47.97	199901491	2:55.56		
	50m: 35.76	200m: 2:55.56						
37.	Paul Bunnik		W.Z. & P.C. Triton	2:56.49	195600413	2:56.88		
	50m: 36.19	200m: 2:56.88						
38.	Thomas Haneveld		DAW	2:55.41	199801631	2:58.04		
	50m: 39.33	200m: 2:58.04						
39.	Sander de Weert		OEZA	NT	197201453	3:05.68		
	50m: 39.20	200m: 3:05.68						
40.	Raoul Lieverst		Zaanstad (SG)	3:10.45	199900713	3:10.06		
	50m: 40.96	200m: 3:10.06						
41.	Mitchell Gonesh		Oceanus	3:18.36	199900765	3:11.21		
	50m: 42.53	200m: 3:11.21						
42.	Tim Wassenaar		Zaanstad (SG)	3:05.40	199901869	3:13.72		
	50m: 46.20	200m: 3:13.72						
43.	Kaj van der Pal		Kzc	3:16.20	199902135	3:16.08		
	50m: 48.98	200m: 3:16.08						
44.	Gijs v.d. Woord		Hpc	3:30.15	9700059	3:17.22		
	50m: 46.20	200m: 3:17.22						
45.	Olaf van der Zwaard		Oceanus	3:45.66	199802777	3:22.28		
	50m: 46.94	200m: 3:22.28						
46.	Daan In de Braekt		Zaanstad (SG)	3:28.00	199900571	3:25.75		
	50m: 46.53	200m: 3:25.75						
47.	Hugo van Wezenbeek		Kzc	3:47.06	199804157	3:44.65		
	50m: 50.73	200m: 3:44.65						
DIS	Christiaan Zwaal		MSV- Zeemacht	2:27.20	199503881	2:27.22 SL		
	<i>SL - Het keer- en/of eindpunt met één hand aangetikt.</i>							
	50m: 29.73	200m: 2:27.22						
DIS	Brian Otjes		Zv Aquarius	3:12.48	199901135	3:06.69 RF		
	<i>RF - Na loslaten van het keerpunt de rugligging niet aangenomen.</i>							
	50m: 37.04	200m: 3:06.69						
DIS	Joppe van Beek		DAW	3:18.27	199900627	3:16.42 VL		
	<i>VL - Tijdens de race op de rug gedraaid.</i>							
	50m: 40.98	200m: 3:16.42						
DIS	Barry van Engeldorp		Zv Aquarius	3:24.93	199900089	3:21.77 SK		
	<i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i>							
	50m: 43.77	200m: 3:21.77						
DIS	Sven Martens		Kzc	3:44.06	199801445	3:39.22 VD+VB		
	<i>VD - Schoolslagbenen gezwommen of andere stuwende beweging in het horizontale vlak.</i>							
	50m: 57.50	200m: 3:39.22						
NG	Quintin Trausel		A.Z.V.D.	2:22.67	198703403			

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Programmanr. 5 16-10-2011	200m vrije slag	Minioren 3 en 4 Resultaten
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Rang	In.tijd	Tijd
Minioren 3 en 4, Meisjes		
1. Jane Sommeling 50m: 41.95 100m: 1:32.14 200m: 3:10.61	3:12.13 200200406	3:10.61
2. Tara van Leeuwen 50m: 44.58 100m: 1:34.31 200m: 3:10.91	NT 200201112	3:10.91
3. Marina van Eyken 50m: 41.68 100m: 1:31.87 200m: 3:14.64	NT 200201196	3:14.64
4. Sarah el Bacha 50m: 51.34 100m: 1:48.17 200m: 3:39.63	NT 200201104	3:39.63
5. Rosa Ebbinge 50m: 53.56 100m: 1:55.39 200m: 3:49.40	3:49.69 200200904	3:49.40
NG Anouk Braaksma	Zv Aquarius NT 200200840	

Minioren 3 en 4, Jongens

1. Thomas Weening 50m: 42.16 100m: 1:31.26 200m: 3:06.76	NT 200200523	3:06.76
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Programmanr. 6 16-10-2011	Meisjes, 400m vrije slag	Minioren 5 en Junioren 1 Resultaten
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Rang	In.tijd	Tijd
1. Simone Anvelink 50m: 39.76 100m: 1:21.98 200m: 2:50.25 400m: 5:46.00	5:51.44 200001546	5:46.00
2. Hannah Bervoets 50m: 38.92 100m: 1:22.36 200m: 2:53.83 400m: 5:51.32	6:30.67 200000726	5:51.32
3. Lianne Bouwmeester 50m: 38.80 100m: 1:22.99 200m: 2:54.10 400m: 5:54.43	5:48.70 200000956	5:54.43
4. Rowie Kamp 50m: 40.28 100m: 1:25.28 200m: 2:59.76 400m: 6:09.67	6:17.92 200001706	6:09.67
5. Kaylin Stel 50m: 40.95 100m: 1:26.81 200m: 3:02.54 400m: 6:12.18	6:20.46 200100290	6:12.18
6. Isaa Ebbinge 50m: 45.26 100m: 1:32.95 200m: 3:09.23 400m: 6:15.18	6:16.46 200001314	6:15.18
7. Saskia van der Velden 50m: 42.75 100m: 1:29.48 200m: 3:05.66 400m: 6:16.56	6:21.04 200001478	6:16.56
8. Viveka Verhage 50m: 43.75 100m: 1:31.87 200m: 3:09.07 400m: 6:21.78	6:42.70 200001480	6:21.78
9. Giulia Corsi 50m: 46.14 100m: 1:36.48 200m: 3:19.10 400m: 6:33.92	6:18.69 200100468	6:33.92
10. Shira de Haan 50m: 42.53 100m: 1:33.44 200m: 3:20.06 400m: 6:39.90	6:43.19 200001130	6:39.90
11. Femke Ritman 50m: 42.41 100m: 1:32.51 200m: 3:15.36 400m: 6:40.55	6:42.10 200100286	6:40.55
12. Sam Eveleens 50m: 43.91 100m: 1:35.80 200m: 3:20.56 400m: 6:45.20	7:00.53 200100508	6:45.20

LAC 1e ronde
Zaandam, 16-10-2011

Programmanr. 6, Meisjes, 400m vrije slag, Minioren 5 en Junioren 1

Rang						In.tijd		Tijd
13.	Ilja Wijnker			MSV- Zeemacht		NT	200003900	6:47.84
	50m: 47.69	100m: 1:39.29	200m: 3:23.93	400m: 6:47.84				
14.	Amber Bellaart			Oceanus		7:42.44	200101260	6:48.36
	50m: 45.70	100m: 1:36.82	200m: 3:23.64	400m: 6:48.36				
15.	Jose Bijl			Het Y		6:45.80	200100948	6:52.68
	50m: 46.27	100m: 1:37.32	200m: 3:20.68	400m: 6:52.68				
16.	Emma van Zanten			Oceanus		NT	200102210	6:53.54
	50m: 46.70	100m: 1:38.90	200m: 3:23.87	400m: 6:53.54				
17.	Naomi Buur			OEZA		7:34.88	200101520	6:53.64
	50m: 46.01	100m: 1:38.41	200m: 3:26.06	400m: 6:53.64				
18.	Nora Errachidi			De Dolfijn		NT	200004938	7:32.51
	50m: 44.39	100m: 1:40.04	200m: 3:36.36	400m: 7:32.51				
19.	Anouck Ramdjanamsingh			Oceanus		NT	200100502	7:35.25
	50m: 48.31	100m: 1:43.89	200m: 3:40.49	400m: 7:35.25				
20.	Nouna Chelbi			De Dolfijn		NT	200004940	7:35.48
	50m: 48.50	100m: 1:43.65	200m: 3:40.40	400m: 7:35.48				
21.	Bianca Koster			Zaanstad (SG)		NT	200100630	7:47.00
	50m: 50.87	100m: 1:49.51	200m: 3:52.81	400m: 7:47.00				

Programmanr. 7
16-10-2011

Jongens, 400m vrije slag

Minioren 5 en 6
Resultaten

Rang						In.tijd		Tijd
1.	Ian van Tiel			WZ&PC Purmerend		5:30.26	200000349	5:14.38
	50m: 35.62	100m: 1:14.49	200m: 2:34.94	400m: 5:14.38				
2.	Dennis Weening			Oceanus		5:42.04	200000815	5:20.35
	50m: 36.68	100m: 1:16.29	200m: 2:39.90	400m: 5:20.35				
3.	Martin Ruiter			De Houtrib		5:39.48	200001309	5:20.37
	50m: 35.62	100m: 1:15.93	200m: 2:37.35	400m: 5:20.37				
4.	Nick van der Woude			ZV Haerlem		6:30.96	200001391	5:38.28
	50m: 39.07	100m: 1:22.23	200m: 2:50.63	400m: 5:38.28				
5.	Phil Brantjes			Kzc		6:05.92	200000485	5:43.87
	50m: 39.58	100m: 1:23.78	200m: 2:51.47	400m: 5:43.87				
6.	Friso Datema			DAW		6:34.95	200003027	6:03.42
	50m: 40.59	100m: 1:27.07	200m: 3:00.84	400m: 6:03.42				
7.	Ivar Oldenhof			De Dolfijn		6:43.40	200000081	6:36.61
	50m: 42.26	100m: 1:32.29	200m: 3:16.73	400m: 6:36.61				
8.	Sebastian van der Born			Oceanus		6:47.20	200000805	6:47.67
	50m: 44.50	100m: 1:34.92	200m: 3:19.53	400m: 6:47.67				
9.	Niels Martens			Kzc		6:39.45	200100111	6:54.43
	50m: 46.19	100m: 1:37.80	200m: 3:21.59	400m: 6:54.43				
10.	Yassine Belhadaoui			Zaanstad (SG)		NT	200003531	7:00.03
	50m: 44.98	100m: 1:37.88	200m: 3:22.38	400m: 7:00.03				
11.	Tim van Deursen			Zwemvereniging Hoorn		NT	200003957	7:08.96
	50m: 45.46	100m: 1:38.22	200m: 3:25.07	400m: 7:08.96				
12.	Jarno Groen			OEZA		NT	200102263	7:10.93
	50m: 46.90	100m: 1:42.32	200m: 3:35.40	400m: 7:10.93				

LAC 1e ronde
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Programmanr. 7, Jongens, 400m vrije slag, Minioren 5 en 6

Rang							In.tijd		Tijd
13.	Rick Moens			Oceanus			NT	200101007	7:15.02
	50m: 47.15	100m: 1:41.69	200m: 3:33.86	400m: 7:15.02					
14.	Stefan Woudsma			OEZA			NT	200003437	7:17.35
	50m: 48.44	100m: 1:45.16	200m: 3:36.98	400m: 7:17.35					
15.	Anvar Veldt			De Dolfijn		7:02.84		200100281	7:42.35
	50m: 50.11	100m: 1:51.06	200m: 3:50.14	400m: 7:42.35					
16.	Tobias van den Nieuwendijk			Zv Aquarius		7:56.40		200100747	7:47.51
	50m: 51.40	100m: 1:52.18	200m: 3:53.86	400m: 7:47.51					
17.	Ivar Kramer			Zaanstad (SG)			NT	200101647	8:29.88
	50m: 55.83	100m: 1:59.18	200m: 4:10.39	400m: 8:29.88					

Programmanr. 8
16-10-2011

Dames, 800m vrije slag

Junioren 2 en ouder
Resultaten

Rang							In.tijd		Tijd
1.	Alice Bravo			Het Y		9:35.50		198705346	9:31.07
	50m: 32.46	100m: 1:07.18	200m: 2:17.68	400m: 4:40.84	800m: 9:31.07				
2.	Brenda Zwarthoed			DAW		9:45.39		199604938	9:44.79
	50m: 32.15	100m: 1:07.15	200m: 2:18.56	400m: 4:45.85	800m: 9:44.79				
3.	Serena Stel			De Dolfijn		9:50.54		199801528	9:46.78
	50m: 33.85	100m: 1:11.26	200m: 2:25.09	400m: 4:55.13	800m: 9:46.78				
4.	Tamara Grove			Oceanus		9:59.22		199601266	9:47.75
	50m: 34.21	100m: 1:11.34	200m: 2:26.20	400m: 4:54.74	800m: 9:47.75				
5.	Chantal Grove			Oceanus		10:01.42		199401844	9:56.40
	50m: 34.67	100m: 1:12.27	200m: 2:28.09	400m: 4:59.52	800m: 9:56.40				
6.	Melissa Zwaan			DAW		9:57.07		199103666	9:59.01
	50m: 32.31	100m: 1:08.28	200m: 2:21.87	400m: 4:52.39	800m: 9:59.01				
7.	Linda Crok			OEZA		10:29.43		199401068	10:11.36
	50m: 34.03	100m: 1:10.30	200m: 2:24.96	400m: 4:58.92	800m: 10:11.36				
8.	Noa Oldenhof			De Dolfijn		10:31.05		199700622	10:12.86
	50m: 34.14	100m: 1:10.88	200m: 2:28.28	400m: 5:04.28	800m: 10:12.86				
9.	Ramona Vuijst			De Otters Het Gooi		10:23.50		199300828	10:27.87
	50m: 34.89	100m: 1:13.09	200m: 2:30.24	400m: 5:08.87	800m: 10:27.87				
10.	Ingrid Jongert			A.Z.V.D.		10:50.36		199101490	10:33.44
	50m: 32.12	100m: 1:08.74	200m: 2:25.71	400m: 5:05.87	800m: 10:33.44				
11.	Silke Jonk			DAW		11:30.57		199802042	10:34.90
	50m: 36.01	100m: 1:15.29	200m: 2:34.66	400m: 5:15.79	800m: 10:34.90				
12.	Rafaëlla van Nee			De Dolfijn		10:56.69		199900358	10:38.59
	50m: 35.21	100m: 1:13.90	200m: 2:35.37	400m: 5:19.08	800m: 10:38.59				
13.	Eva van der Born			Oceanus		10:49.51		199702380	10:39.49
	50m: 35.19	100m: 1:13.34	200m: 2:32.65	400m: 5:16.25	800m: 10:39.49				
14.	Rebecca Martens			DAW		10:50.18		199604352	10:40.91
	50m: 36.26	100m: 1:15.64	200m: 3:17.21	400m: 5:58.68	800m: 10:40.91				
15.	Lisa Brantjes			Kzc		10:34.13		199800950	10:43.99
	50m: 36.99	100m: 1:15.95	200m: 2:37.00	400m: 5:18.71	800m: 10:43.99				
16.	Tess de Boer			DAW		13:56.56		199601516	10:45.75
	50m: 35.11	100m: 1:14.36	200m: 2:34.88	400m: 5:19.56	800m: 10:45.75				

LAC 1e ronde
Zaandam, 16-10-2011

Programmanr. 8, Dames, 800m vrije slag, Junioren 2 en ouder

Rang					In.tijd				Tijd
17.	Lisanne van Zijl			Zaanstad (SG)	11:06.45	199505454	10:47.80		
	50m: 33.80	100m: 1:13.52		200m: 2:34.74	400m: 5:19.00	800m: 10:47.80			
18.	Moesha Wartes			De Dolfijn	10:59.03	199901724	10:52.07		
	50m: 35.92	100m: 1:15.61		200m: 2:37.80	400m: 5:22.70	800m: 10:52.07			
19.	Robin Pagano Mirani			Oceanus	10:33.99	199502556	10:52.63		
	50m: 36.84	100m: 1:16.01		200m: 2:36.69	400m: 5:20.22	800m: 10:52.63			
20.	Chantal Beijer			ZV Haerlem	11:18.52	199700884	10:53.25		
	50m: 36.35	100m: 1:16.40		200m: 2:39.68	400m: 5:26.29	800m: 10:53.25			
21.	Anne Noom			DAW	11:41.67	199800062	10:54.23		
	50m: 35.14	100m: 1:14.55		200m: 2:36.10	400m: 5:21.89	800m: 10:54.23			
22.	Maxine Alfonsi			DAW	10:55.41	199502900	10:54.37		
	50m: 35.05	100m: 1:13.00		200m: 2:34.01	400m: 5:18.93	800m: 10:54.37			
23.	Melina Knol			Zaanstad (SG)	10:56.91	199802232	11:00.24		
	50m: 33.41	100m: 1:14.84		200m: 2:36.29	400m: 5:22.34	800m: 11:00.24			
24.	Anne Groen			OEZA	11:33.97	199505996	11:03.36		
	50m: 34.99	100m: 1:13.51		200m: 2:35.41	400m: 5:24.09	800m: 11:03.36			
25.	Romy Willemsen			A.Z.V.D.	10:54.39	199303982	11:03.91		
	50m: 36.53	100m: 1:16.55		200m: 2:36.96	400m: 5:23.33	800m: 11:03.91			
26.	Marit Plat			Oceanus	NT	199407396	11:04.04		
	50m: 37.60	100m: 1:19.28		200m: 2:44.89	400m: 5:32.94	800m: 11:04.04			
27.	Mariska van Engeldorp			Zv Aquarius	10:29.48	199502326	11:04.73		
	50m: 34.37	100m: 1:12.28		200m: 2:34.19	400m: 5:23.58	800m: 11:04.73			
28.	Sandra Zwaanswijk			DAW	11:28.10	198503934	11:06.28		
	50m: 35.37	100m: 1:14.00		200m: 2:36.50	400m: 5:27.78	800m: 11:06.28			
29.	Tamara Uijtewaal			Zaanstad (SG)	11:41.90	199404852	11:07.09		
	50m: 36.42	100m: 1:15.41		200m: 2:37.50	400m: 5:27.88	800m: 11:07.09			
30.	Elise Dekker			De Dolfijn	10:56.70	199700976	11:08.72		
	50m: 36.18	100m: 1:15.92		200m: 2:38.79	400m: 5:26.72	800m: 11:08.72			
31.	Bibi Stokvis			DAW	13:28.96	199900892	11:18.04		
	50m: 37.28	100m: 1:19.14		200m: 2:46.14	400m: 5:39.64	800m: 11:18.04			
32.	Kyra Wijnker			MSV- Zeemacht	12:49.63	199803342	11:18.34		
	50m: 38.84	100m: 1:22.15		200m: 2:50.21	400m: 5:45.50	800m: 11:18.34			
33.	Denise Boonstra			DAW	13:56.61	199902662	11:18.79		
	50m: 37.56	100m: 1:20.41		200m: 2:47.98	400m: 5:44.42	800m: 11:18.79			
34.	Kelsey Okkers			Zaanstad (SG)	11:26.67	199801062	11:19.01		
	50m: 37.11	100m: 1:17.95		200m: 2:44.64	400m: 5:38.15	800m: 11:19.01			
35.	Dieuwertje Jorink			DAW	10:26.59	199302306	11:26.73		
	50m: 35.13	100m: 1:14.58		200m: 2:39.22	400m: 5:34.41	800m: 11:26.73			
36.	Yvanna Zuurveld			DAW	11:32.08	199702998	11:26.91		
	50m: 37.08	100m: 1:17.93		200m: 2:43.40	400m: 5:39.53	800m: 11:26.91			
37.	Luca Ebbinge			Oceanus	12:47.87	199802406	11:27.36		
	50m: 38.31	100m: 1:20.43		200m: 2:47.86	400m: 5:45.75	800m: 11:27.36			
38.	Marieke de Rooij			W.Z. & P.C. Triton	11:07.02	199501674	11:30.09		
	50m: 37.24	100m: 1:19.53		200m: 2:48.10	400m: 5:47.44	800m: 11:30.09			
39.	Aïcha Croes			De Dolfijn	11:51.62	199803338	11:32.77		
	50m: 38.80	100m: 1:21.98		200m: 2:49.09	400m: 5:45.22	800m: 11:32.77			
40.	Naomi te Lindert			DAW	NT	199904782	11:37.16		
	50m: 38.82	100m: 1:21.72		200m: 2:49.53	400m: 5:47.12	800m: 11:37.16			

LAC 1e ronde
Zaandam, 16-10-2011

Programmanr. 8, Dames, 800m vrije slag, Junioren 2 en ouder

Rang					In.tijd				Tijd
41.	Carmen Roskam			Oceanus	11:34.67	199603562	11:39.93		
	50m: 36.35	100m: 1:18.12	200m: 2:43.09	400m: 5:39.32	800m: 11:39.93				
42.	Sabrin el Bacha			De Dolfijn	NT	199900548	11:40.18		
	50m: 39.25	100m: 1:21.96	200m: 2:49.96	400m: 5:47.39	800m: 11:40.18				
43.	Fabiënne Vork			Oceanus	NT	199902494	11:49.72		
	50m: 37.94	100m: 1:19.62	200m: 2:48.19	400m: 5:49.22	800m: 11:49.72				
44.	Sandra Schoonderwoerd			W.Z. & P.C. Triton	11:30.00	199702104	11:50.62		
	50m: 37.43	100m: 1:18.95	200m: 2:47.12	400m: 5:46.57	800m: 11:50.62				
45.	Cheryl Zethof			Oceanus	11:43.90	199801314	11:53.30		
	50m: 39.21	100m: 1:22.72	200m: 2:51.40	400m: 5:53.89	800m: 11:53.30				
46.	Linda Böhm			ZV Haerlem	12:09.10	199703164	11:53.64		
	50m: 39.46	100m: 1:23.19	200m: 2:52.72	400m: 5:55.47	800m: 11:53.64				
47.	Myrthe van Beek			DAW	14:45.37	199901074	11:55.05		
	50m: 38.11	100m: 1:21.33	200m: 2:50.30	400m: 5:52.56	800m: 11:55.05				
48.	Kimberley Kort			DAW	13:12.69	199804698	11:55.19		
	50m: 37.63	100m: 1:20.79	200m: 2:49.62	400m: 5:52.23	800m: 11:55.19				
49.	Simone Huisman			Oceanus	12:30.51	199802402	12:02.46		
	50m: 40.20	100m: 1:23.61	200m: 2:53.67	400m: 5:56.98	800m: 12:02.46				
50.	Anouk van Noord			Oceanus	12:03.56	199901294	12:04.54		
	50m: 36.06	100m: 1:17.98	200m: 2:49.23	400m: 5:54.70	800m: 12:04.54				
51.	Leonie Vos			DAW	13:51.39	199901662	12:20.45		
	50m: 39.88	100m: 1:26.10	200m: 2:59.29	400m: 6:09.97	800m: 12:20.45				
52.	Tess Pagano Mirani			Oceanus	12:55.72	199902102	12:24.76		
	50m: 40.07	100m: 1:25.42	200m: 2:59.16	400m: 6:11.00	800m: 12:24.76				
53.	Esther Beerling			W.Z. & P.C. Triton	12:08.92	198400120	12:29.72		
	50m: 40.51	100m: 1:24.78	200m: 2:58.26	400m: 6:06.38	800m: 12:29.72				
54.	Aurian Veldt			De Dolfijn	12:33.58	199901758	12:39.87		
	50m: 41.05	100m: 1:28.28	200m: 3:04.26	400m: 6:18.20	800m: 12:39.87				
55.	Isabel van den Nieuwendijk			Zv Aquarius	13:49.96	199803222	12:55.42		
	50m: 40.11	100m: 1:26.36	200m: 3:03.20	400m: 6:23.11	800m: 12:55.42				
56.	Nienke van der Zee			W.Z. & P.C. Triton	12:30.00	199802808	12:57.47		
	50m: 41.47	100m: 1:27.86	200m: 3:05.71	400m: 6:24.47	800m: 12:57.47				
57.	Becky Vendel			De Reuring	NT	199604654	13:15.50		
	50m: 40.50	100m: 1:24.73	200m: 2:59.47	400m: 6:21.41	800m: 13:15.50				
58.	Jessie Meijer			Kzc	NT	199905252	14:08.89		
	50m: 44.22	100m: 1:33.70	200m: 3:19.29	400m: 6:57.48	800m: 14:08.89				
AFGEM	Femke Stevens			Zaanstad (SG)	12:40.75	199901546			
AFGEM	Ilham Taj-dine			Zaanstad (SG)	14:08.22	199803532			
NG	Lotte Hoogeterp			DAW	11:54.78	199703878			

LAC 1e ronde
Zaandam, 16-10-2011

Programmanr. 9
16-10-2011

Heren, 800m vrije slag

Junioren 1 en ouder
Resultaten

Rang									In.tijd		Tijd
1.	Daan Glorie				Het Y				8:53.27	198801115	8:44.56
	50m: 30.11	100m: 1:02.42	200m: 2:08.40	400m: 4:21.33	800m: 8:44.56						
2.	Jan-Willem v.d. Graaff				Het Y				8:58.84	198901023	8:56.70
	50m: 31.64	100m: 1:05.28	200m: 2:13.49	400m: 4:28.64	800m: 8:56.70						
3.	Lars Haarsma				De Dolfijn				9:19.77	199600745	9:11.14
	50m: 30.89	100m: 1:04.62	200m: 2:12.39	400m: 4:30.82	800m: 9:11.14						
4.	Thom de Boer				DAW				9:36.65	199100181	9:18.88
	50m: 30.85	100m: 1:04.25	200m: 2:13.13	400m: 4:34.13	800m: 9:18.88						
5.	Fred Smink				De Otters Het Gooi				9:05.78	199104519	9:21.88
	50m: 30.85	100m: 1:03.98	200m: 2:12.97	400m: 4:33.99	800m: 9:21.88						
6.	Michael van Dam				Hpc				9:22.36	9401501	9:23.00
	50m: 30.25	100m: 1:03.61	200m: 2:13.13	400m: 4:35.74	800m: 9:23.00						
7.	Thomas Verouden				Oceanus				10:03.02	199602855	9:33.12
	50m: 31.37	100m: 1:05.79	200m: 2:17.61	400m: 4:43.17	800m: 9:33.12						
	Tim Bunnik				W.Z. & P.C. Triton				9:23.76	199000505	9:33.12
	50m: 31.59	100m: 1:05.63	200m: 2:17.09	400m: 4:43.36	800m: 9:33.12						
	Frans Bijl				Het Y				9:37.60	199401319	9:33.12
	50m: 31.68	100m: 1:06.59	200m: 2:18.43	400m: 4:41.65	800m: 9:33.12						
10.	Sander van Elburg				Het Y				9:28.76	198800937	9:36.86
	50m: 31.38	100m: 1:05.22	200m: 2:15.01	400m: 4:42.58	800m: 9:36.86						
11.	Barry Kleijne				OEZA				9:33.95	199300661	9:36.89
	50m: 31.08	100m: 1:04.79	200m: 2:15.03	400m: 4:44.29	800m: 9:36.89						
12.	Lars van der Velden				DAW				10:10.13	199800175	9:38.08
	50m: 31.36	100m: 1:07.33	200m: 2:20.88	400m: 4:48.31	800m: 9:38.08						
13.	Mart de Boer				DAW				9:38.29	199303589	9:47.61
	50m: 31.29	100m: 1:06.81	200m: 2:20.69	400m: 4:51.94	800m: 9:47.61						
14.	Kevin Schaaf				ZV Haerlem				10:36.86	199602603	9:48.76
	50m: 32.73	100m: 1:08.91	200m: 2:22.75	400m: 4:51.89	800m: 9:48.76						
15.	Christiaan Zwaal				MSV- Zeemacht				10:23.84	199503881	9:49.57
	50m: 32.89	100m: 1:10.01	200m: 2:25.00	400m: 4:56.67	800m: 9:49.57						
16.	Martijn de Mercado				Oceanus				10:02.43	199502213	9:49.78
	50m: 32.67	100m: 1:08.95	200m: 2:21.92	400m: 4:50.98	800m: 9:49.78						
17.	Jasper Falk				DAW				9:13.69	199502785	9:51.16
	50m: 31.74	100m: 1:06.57	200m: 2:18.66	400m: 4:45.22	800m: 9:51.16						
18.	Jeljer Aldershof				ZV Haerlem				NT	199800719	9:51.75
	50m: 32.38	100m: 1:08.92	200m: 2:23.67	400m: 4:54.68	800m: 9:51.75						
19.	Wessel de Jong				Oceanus				10:21.52	199601447	9:56.25
	50m: 33.20	100m: 1:10.51	200m: 2:26.74	400m: 4:58.30	800m: 9:56.25						
20.	Roy van der Woude				ZV Haerlem				10:48.48	199700579	10:06.18
	50m: 35.17	100m: 1:12.63	200m: 2:28.56	400m: 5:01.61	800m: 10:06.18						
21.	Arjan Bellaart				Oceanus				10:13.51	196900079	10:06.60
	50m: 33.21	100m: 1:10.11	200m: 2:25.71	400m: 4:58.62	800m: 10:06.60						
22.	Bart Sommeling				Oceanus				10:37.76	199800765	10:10.26
	50m: 33.93	100m: 1:11.54	200m: 2:29.93	400m: 5:05.26	800m: 10:10.26						
23.	Sander Kirillova				De Dolfijn				10:34.37	199800121	10:11.82
	50m: 34.01	100m: 1:11.70	200m: 2:29.70	400m: 5:05.80	800m: 10:11.82						

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Rang							In.tijd		Tijd
24.	Jeroen Jongert			A.Z.V.D.			11:08.76	199600445	10:17.72
	50m: 34.36	100m: 1:12.42	200m: 2:30.66	400m: 5:09.60	800m: 10:17.72				
25.	Dani Hoetmer			DAW			11:53.50	199604503	10:18.72
	50m: 33.76	100m: 1:11.55	200m: 2:29.27	400m: 5:06.40	800m: 10:18.72				
26.	Martijn Falk			DAW			10:49.46	199601457	10:20.14
	50m: 34.95	100m: 1:13.45	200m: 2:31.51	400m: 5:07.01	800m: 10:20.14				
27.	Ingmar Bakker			A.Z.V.D.			10:44.79	199800493	10:23.40
	50m: 33.73	100m: 1:11.75	200m: 2:30.04	400m: 5:08.62	800m: 10:23.40				
28.	Menno Koolhaas			Oceanus			11:13.10	199505863	10:31.55
	50m: 34.33	100m: 1:12.55	200m: 2:31.97	400m: 5:12.64	800m: 10:31.55				
29.	Gerben Rozie			MSV- Zeemacht			10:51.28	199002507	10:33.76
	50m: 35.30	100m: 1:13.37	200m: 2:33.22	400m: 5:14.75	800m: 10:33.76				
30.	Jordi de Nijs			MSV- Zeemacht			12:08.97	199801851	10:36.78
	50m: 33.46	100m: 1:13.36	200m: 2:34.77	400m: 5:18.07	800m: 10:36.78				
31.	Rick de Mercado			Oceanus			10:41.06	199700673	10:39.69
	50m: 34.98	100m: 1:13.98	200m: 2:34.63	400m: 5:18.60	800m: 10:39.69				
32.	Bonk Stout			De Dolfijn			11:40.68	199902181	10:41.57
	50m: 35.90	100m: 1:14.93	200m: 2:35.32	400m: 5:14.51	800m: 10:41.57				
33.	Wesley Bos			Hpc			11:14.29	9901241	10:43.38
	50m: 35.11	100m: 1:13.67	200m: 2:32.61	400m: 5:15.78	800m: 10:43.38				
34.	Martijn van der Zwaard			Oceanus			11:23.20	199602343	10:49.15
	50m: 34.60	100m: 1:12.69	200m: 2:33.57	400m: 5:19.37	800m: 10:49.15				
35.	Kristian Stam			Zaanstad (SG)			10:17.80	199102187	10:49.80
	50m: 34.61	100m: 1:11.47	200m: 2:30.17	400m: 5:14.64	800m: 10:49.80				
36.	Danny Fabian Groen			WZ&PC Purmerend			11:25.49	199703033	10:50.48
	50m: 36.11	100m: 1:15.35	200m: 2:35.34	400m: 5:26.96	800m: 10:50.48				
37.	Sam Haring			Zwemvereniging Hoorn			11:00.99	199901491	10:57.69
	50m: 35.61	100m: 1:14.97	200m: 2:35.67	400m: 5:21.58	800m: 10:57.69				
38.	Mark Bunnik			W.Z. & P.C. Triton			10:30.00	199200183	10:58.60
	50m: 33.86	100m: 1:12.91	200m: 2:34.36	400m: 5:22.68	800m: 10:58.60				
39.	Robin Stammes			De Reuring			10:53.30	199202809	11:07.34
	50m: 34.75	100m: 1:13.09	200m: 2:32.65	400m: 5:19.31	800m: 11:07.34				
40.	Nick van Nijburg			De Otters Het Gooi			NT	199902169	11:08.53
	50m: 37.94	100m: 1:19.50	200m: 2:44.81	400m: 5:35.90	800m: 11:08.53				
41.	Casper Gras			Zaanstad (SG)			10:50.91	199200403	11:15.25
	50m: 34.28	100m: 1:12.89	200m: 2:35.18	400m: 5:28.11	800m: 11:15.25				
42.	Remco Joukes			W.Z. & P.C. Triton			10:29.00	198801763	11:16.11
	50m: 33.96	100m: 1:12.40	200m: 2:32.43	400m: 5:24.43	800m: 11:16.11				
43.	Danny Schmidt			Zaanstad (SG)			11:51.41	199602311	11:18.26
	50m: 36.98	100m: 1:18.01	200m: 2:42.01	400m: 5:32.95	800m: 11:18.26				
44.	Erno Vriens			Zaanstad (SG)			12:33.26	199902587	11:21.37
	50m: 38.68	100m: 1:20.24	200m: 2:46.77	400m: 5:40.30	800m: 11:21.37				
45.	Daan Sommeling			Oceanus			11:50.31	199900767	11:23.30
	50m: 36.24	100m: 1:16.93	200m: 2:42.72	400m: 5:41.41	800m: 11:23.30				
46.	Matthijs Helling			Oceanus			11:40.92	199601043	11:24.98
	50m: 35.14	100m: 1:14.29	200m: 2:38.01	400m: 5:33.84	800m: 11:24.98				
47.	Mike Morianner			Kzc			11:55.84	199902137	11:41.77
	50m: 38.60	100m: 1:21.21	200m: 2:50.25	400m: 5:53.03	800m: 11:41.77				

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Rang							In.tijd		Tijd
48.	Paul Bunnik				W.Z. & P.C. Triton		11:15.52	195600413	11:58.22
	50m:	36.49	100m:	1:17.35	200m:	2:45.08	400m:	5:51.76	800m: 11:58.22
49.	Kaj van der Pal				Kzc		12:12.92	199902135	12:17.05
	50m:	41.32	100m:	1:25.43	200m:	2:59.61	400m:	6:07.72	800m: 12:17.05
50.	Olaf van der Zwaard				Oceanus		14:53.34	199802777	12:34.98
	50m:	40.99	100m:	1:26.12	200m:	3:00.61	400m:	6:13.79	800m: 12:34.98
51.	Gerard Hoedjes				DAW		NT	198701363	12:38.85
	50m:	35.04	100m:	1:14.61	200m:	2:43.65	400m:	6:00.95	800m: 12:38.85
52.	Raoul Lieverst				Zaanstad (SG)		13:05.94	199900713	12:44.82
	50m:	39.19	100m:	1:24.97	200m:	3:01.52	400m:	6:19.53	800m: 12:44.82
53.	Gijs v.d. Woord				Hpc		13:57.15	9700059	12:45.68
	50m:	39.44	100m:	1:25.91	200m:	3:02.41	400m:	6:18.06	800m: 12:45.68
54.	Daan In de Braekt				Zaanstad (SG)		14:07.69	199900571	13:11.92
	50m:	41.80	100m:	1:30.08	200m:	3:10.19	400m:	6:34.00	800m: 13:11.92
55.	Mitchell Gonesh				Oceanus		NT	199900765	13:18.30
	50m:	42.50	100m:	1:32.25	200m:	3:13.88	400m:	6:39.75	800m: 13:18.30
56.	Joppe van Beek				DAW		15:17.30	199900627	13:19.61
	50m:	42.73	100m:	1:32.19	200m:	3:13.76	400m:	6:39.90	800m: 13:19.61
57.	Sven Martens				Kzc		14:11.29	199801445	13:37.80
	50m:	47.13	100m:	1:37.60	200m:	3:20.63	400m:	6:47.05	800m: 13:37.80
58.	Barry van Engeldorp				Zv Aquarius		14:37.29	199900089	14:09.69
	50m:	44.78	100m:	1:34.26	200m:	3:21.68	400m:	7:02.96	800m: 14:09.69
59.	Hugo van Wezenbeek				Kzc		NT	199804157	14:38.82
	50m:	46.43	100m:	1:37.94	200m:	3:26.36	400m:	7:12.43	800m: 14:38.82
DIS	Simon Koopen				WZ&PC Purmerend		11:14.29	199802127	AF
	<i>AF - De aangegeven afstand niet uitgezwommen (geen tijden noteren).</i>								
AFGEM	Tim Wassenaar				Zaanstad (SG)		12:54.65	199901869	
AFGEM	Stefan Tijms				OEZA		10:48.53	199300863	