Regiokampioenschap kb Midwest Hoofddorp dl 1
Korte baan (25m) \#19509 - Hoofddorp (NED)

16-17 nov 2019

| Heren |  |  |  | Pnt. |  | Vorig persoonlijk record |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| HENDRIKS, Julian - 2006 |  |  |  |  |  |  |  |  |
| 100 m vrije slag | series | 30. | 1:36.44 | 101 | 25m | 1:46.15 | 121.2\% | 6 okt 2019 |
| 50m rugslag | series | DIS | NT | - | 25m |  |  |  |
| HUNTER, Alex-2002 |  |  |  |  |  |  |  |  |
| 100 m vrije slag | series | 7. | 57.40 | 479 | 25m | 57.44 | 100.1\% | 24 mrt 2019 |
| 50 m rugslag | series | 3 | 30.84 | 374 | 25m | 30.55 | 98.1\% | 6 okt 2019 |
| 50m schoolslag | series | 8. | 36.20 | 339 | 25m | 35.27 | 94.9\% | 20 jan 2019 |
| 100m vlinderslag | series | 12. | 1:13.84 | 276 | 25m | 1:11.14 | 92.8\% | 10 feb 2019 |
| 200m wisselslag | series | 5. | 2:30.00 | 390 | 25m | 2:26.00 | 94.7\% | 10 feb 2019 |
| MAFAIT, Pim - 2004 |  |  |  |  |  |  |  |  |
| 50m schoolslag | series | 17. | 38.80 | 275 | 25m | 39.46 | 103.4\% | 6 okt 2019 |
| 200m schoolslag | series | DIS | NT | - | 25m |  |  |  |
| 50 m vinderslag | 200m wisselslag, series | Tussentijd | 34.85 | 243 | 25m | 35.21 | 102.1\% | 10 nov 2019 |
| 200m wisselslag | series | 26. | 2:42.36 | 307 | 25m | 2:40.82 | 98.1\% | 10 nov 2019 |
| PRUMMEL, Julian - 2005 |  |  |  |  |  |  |  |  |
| 100 m vrije slag | series | 14. | 1:00.64 | 407 | 25m | 1:04.80 | 114.2\% | 13 jan 2019 |
| 50 m rugslag | series | 14. | 32.85 | 309 | 25m | 34.06 | 107.5\% | 3 mrt 2019 |


| 50m schoolslag | series | 15. | 37.99 | 293 | 25m | 39.20 | 106.5\% | 6 okt 2019 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| RENKEMA, Josh - 2004 |  |  |  |  |  |  |  |  |
| 100 m vrije slag | series | 29. | 1:35.62 | 103 | 25m | 1:36.22 | 101.3\% | 16 dec 2018 |
| 50m rugslag | series | 15. | 49.18 | 92 | 25m | 51.36 | 109.1\% | 10 feb 2019 |
| 50m schoolslag | series | 20. | 57.75 | 83 | 25m | 58.20 | 101.6\% | 6 okt 2019 |
| VERHOEFF, Merijn - 2006 |  |  |  |  |  |  |  |  |
| 50m rugslag | 200m rugslag, series | Tussentijd | 42.02 | 147 | 25m | 41.97 | 99.8\% | 29 sep 2019 |
| 200m rugslag | series | 13. | 2:57.58 | 210 | 25m | 3:00.87 | 103.7\% | 6 okt 2019 |
| Dames |  |  |  | Pnt. |  | Vorig pers | k record |  |
| DIJKHUIZEN, Fleur - 2002 |  |  |  |  |  |  |  |  |
| 100 m vrije slag | series | 26. | 1:06.22 | 436 | 25m | 1:04.21 | 94.0\% | 14 jan 2018 |
| IRVINE, Eefje - 2007 |  |  |  |  |  |  |  |  |
| 100 m vrije slag | series | 12. | 1:11.74 | 343 | 25m | 1:05.67 | 83.8\% | 20 okt 2019 |
| 200m rugslag | series | 2. | 2:38.99 | 421 | 25m | 2:36.11 | 96.4\% | 6 okt 2019 |
| 50m schoolslag | 200m schoolslag, series | Tussentijd | 46.74 | 228 | 25m | 42.58 | 83.0\% | 10 nov 2019 |
| 200m schoolslag | series | 11. | 3:20.06 | 304 | 25m | 3:24.11 | 104.1\% | 10 feb 2019 |
| 50 m v linderslag | 200m wisselslag, series | Tussentijd | 35.99 | 310 | 25m | 35.96 | 99.8\% | 6 okt 2019 |
| 200m wisselslag | series | 4. | 2:46.50 | 392 | 25m | 3:00.59 | 117.6\% | 13 jan 2019 |
| IRVINE, Famke - 2005 |  |  |  |  |  |  |  |  |



